



Peripheral Radicular Pain Model (Module-2)

Peripheral Radicular Pain Model (Module-2) is a two day course and has a total credit or CEU's of 20 HRS which consists of 4 HRS Pre Reading and 16 HRS of practical lab session.

PRE STUDY MATERIAL

- (1) Interpretation of Referred pain.
- (2) The neural anatomy.
- (3) Understanding peripheral nerve flow.
- (4) Evidence based practice & research support for dry needling.
- (5) Anatomy of muscles & Areas of palpation

COURSE DETAILS & ITINERARY

DAY 1

9:00 am to 12:00 noon

The functional integrated approach of needling of the following muscles, bands, tendons & its functional areas of the Lower Limb, Upper Limb & Trunk will be explained in detail with the practical Lab sessions:

(A) Hip Functional Areas:

- (1) Piriformis
- (2) Tensor Fasciae Latae (TFL)
- (3) Sartorius
- (4) Rectus Femoris
- (5) Vastus Lateralis
- (6) Vastus Medialis.

(B) Knee Functional Areas:

- (1) Semitendinosus
- (2) Semimembranosus
- (3) Biceps Femoris.

12:00 Noon to 1:00 pm

Lunch

1:00 pm to 4:00 pm

- (C)** Shoulder Functional Areas:
- (1) Serratus Anterior
 - (2) Subclavius
 - (3) Teres Major
 - (4) Teres Minor
 - (5) Pectoralis Major
 - (6) Pectoralis Minor
 - (7) Middle Trapezius
 - (8) Lower Trapezius
 - (9) Serratus Posterior (Inferior)

4:00 pm to 5:00 pm

- (D)** Forearm Functional Areas:
- (1) Supinator
 - (2) Flexor Pollicis Longus
 - (3) Flexor Digitorum Profundus
 - (4) Flexor Pollicis Brevis
 - (5) Extensor Digitorum
 - (6) Extensor Indices
 - (7) Extensor Pollicis Longus.

DAY 2

9:00 am to 12:00 noon

The functional integrated approach of needling Upper Limb & Lower Limb nerve pain pathway will be explained in details with the practical Lab sessions:

- (A)** Upper Limb Nerve Pain Pathway:
- (1) Axillary Nerve Flow
 - (2) Musculocutaneous Nerve Flow
 - (3) Radial Nerve Flow
 - (4) Median Nerve Flow
 - (5) Ulnar Nerve Flow

12:00 Noon to 1:00 pm

Lunch

1:00 pm to 3:30 pm

- (B)** Lower Limb Nerve Pain Pathway:
- (1) Sciatic Nerve with Tibial Nerve Flow
 - (2) Obturator Nerve Flow
 - (3) Femoral Nerve with Saphenous Nerve Flow

3:30 pm to 4:30 pm

- (C)** Movement Disorders with Functional Areas:
- (1) Achilles Tendinitis
 - (2) Shoulder complex Dysfunction.

4:30 pm To 5 pm

Exam Theory & Practical